



DR. NATHRATUL AYESHAH BINTI ZULKIFLI

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Address: Fakulti Perubatan
Dan Sains Kesihatan

SUPERVISION

PhD - Completed: 0, Ongoing: 0

Master - Completed: 0, Ongoing: 1

AREAS OF EXPERTISE

Child Welfare (including Abuse, Protection, Rights, Street Children)

Psychiatry

Language Disorders (including Child Language Disorders,
Acquired Language Disorders, Aphasia, Dyslexia)

BIOGRAPHY

A lecturer from Fakulti Perubatan Dan Sains Kesihatan. Holds a Sarjana Kepakaran in Psikiatri.

ACADEMIC QUALIFICATION

Sarjana Kepakaran in Psikiatri (2021)

Bachelor (2007)

RESEARCH

1. COMPARATIVE ANALYSIS OF POSTPARTUM DEPRESSION AND STRESS ON EXCLUSIVE BREASTFEEDING PRACTICES IN URBAN AND RURAL AREAS OF SOUTH SULAWESI, INDONESIA

2024 ON GOING MAIN RESEARCHER

2. THE STUDY OF WELLBEING AND LIFE SATISFACTION AMONG EMPLOYEES IN ONE OF PUBLIC UNIVERSITY IN MALAYSIA

2023 COMPLETED MAIN RESEARCHER

PUBLICATION

1. LPPKN 2025

2025 POLICY

2. THE STUDY OF WELLBEING AND LIFE SATISFACTION AMONG EMPLOYEES IN ONE OF PUBLIC UNIVERSITIES IN MALAYSIA

2024 JOURNAL

3. WARNA HIJAU DI DALAM AL-QURAN DAN PERANANNYA SEBAGAI ELEMEN NONFARMAKOLOGI BAGI MENGURANGKAN KADAR KEBIMBANGAN (ANXIETY)

2024 JOURNAL

4. BRIDGING EMOTIONAL INTELLIGENCE AND CYBER LITERACY: A HOLISTIC APPROACH TO MENTAL RESILIENCE IN MALAYSIA'S DAMAI 2024 COMMUNITY ENGAGEMENT

2024 PROCEEDING

5. THE ROLE AND CULTURE OF AN EXTENDED FAMILY DYNAMIC IN ISLAMIC PERSPECTIVE : A CASE REPORT

2024 PROCEEDING

6. WAR TRAUMA AND PTSD IN CHILDREN

2024 PROCEEDING

7. THE DEVELOPMENT OF RANGLAH, A FAMILY PLANNING MOBILE-BASED APPLICATION FOR PUBLIC USERS: THE CONCEPT AND USAGE POSSIBILITY.

2024 PROCEEDING

8. UNDERSTANDING THE EVOLUTION OF FAMILY SUPPORT IN OPIOID ADDICTION RECOVERY JOURNEY: A QUALITATIVE STUDY

2024 PROCEEDING

9. UNVEILING METHADONE PERCEPTIONS: INSIGHTS FROM FAMILY MEMBERS OF METHADONE MAINTENANCE THERAPY CLIENTS

2024 PROCEEDING

10. AKU DIJANGKITI KEHIDUPAN 3.0

2024 BOOK

11. THE STUDY OF WELLBEING AND LIFE SATISFACTION AMONG EMPLOYEES IN ONE OF PUBLIC UNIVERSITIES IN MALAYSIA

2023 PROCEEDING

12. PROTOCOL OF QUALITATIVE STUDY: EXPLORING PUBLIC PERCEPTION FACED BY FAMILY MEMBERS OF METHADONE CLIENT

2023 PROCEEDING

13. KESAN PANDEMIK KE ATAS PSIKOLOGI DAN MENTAL MASYARAKAT DARIPADA PERSPEKTIF PERUBATAN

2022 CHAPTER IN BOOK

CONSULTATION/ADULATION

1. PROJEK PERUNDINGAN KEBOLEHAN INSTITUT SOSIAL MALAYSIA (ISM) SEBAGAI AGENSI AKREDITASI KERJA SOSIAL MALAYSIA

International

INSTITUT SOSIAL MALAYSIA

2. PROJEK PERUNDINGAN MEMPERKASAKAN DAYA TAHAN MINDA MELALUI KECERDASAN EMOSI DAN KEMAHIRAN SIBER DALAM KALANGAN BELIA B40

International

MINISTRY OF FINANCE (MOF)

AWARDS/RECOGNITION

1. ANUGERAH PERKHIDMATAN CEMERLANG 2024

2025

UNIVERSITY

2. GROUP SUPERVISION SCHOLARSHIP AWARD

2025

INTERNATIONAL

3. ACADEMIC ADVISOR

2025

NATIONAL

4. ACADEMIC ADVISOR

2025

NATIONAL

5. ACADEMIC ADVISOR

2025

NATIONAL