

Profile Image

## AREAS OF EXPERTISE

Community Nutrition

Primary Health Care (including Family, Geriatric, Maternal And Perinatal (breastfeeding) Health, Child Health, Women's Health, Men's Health, Adolescent Health, Health Of The Disabled)

## ACADEMIC QUALIFICATION

PhD in Public Health (2013)

Master in Sains (pemakanan) (2001)

Bachelor in Sains Makanan Dan Pemakanan (1995)

## RESEARCH

### 1. GALACTAGOGUES CONSUMPTION AMONG LACTATING WOMEN IN NEGERI SEMBILAN: ASSOCIATED FACTORS AND EFFECTS ON HEALTH OF MOTHER AND BABY

2023 GERAN PENYELIDIKAN USIM ON GOING MAIN RESEARCHER

### 2. USIM-21 YEARS: IMPACT STUDY ON NATION AND SOCIETY

2022 GERAN PENYELIDIKAN USIM COMPLETED CO-RESEARCHER

**PROF. MADYA DATIN  
DR. AZA SHERIN BINTI  
MOHAMAD YUSUFF**

PENSYARAH UNIVERSITI DS14

## CONTACT

**Phone:** 067982389

**E-mail:**  
azasherin@usim.edu.my

**Faculty:** Fakulti  
Perubatan Dan Sains  
Kesihatan

## SUPERVISION

PhD - Completed: 0, Ongoing: 0

Master - Completed: 0,  
Ongoing: 0

# PUBLICATION

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## 1. UNVEILING THE LINK BETWEEN HOLISTIC HEALTH BELIEF, COMPLEMENTARY AND ALTERNATIVE MEDICINE ATTITUDES, AND BETTER QUALITY OF LIFE

7TH INTERNATIONAL CONFERENCE ON MOLECULAR BIOLOGY & BIOTECHNOLOGY (ICMBB) 2024 IN CONJUNCTION WITH THE 6TH USIM INTERNATIONAL HEALTH CONFERENCE (IHEC) 2024

2024 PROCEEDING NON-INDEX MAIN AUTHOR

## 2. BENEFITS OF SUNNAH FOOD DURING PREGNANCY AND LACTATION

9TH USIM NATIONAL HEALTH SEMINAR

2023 PROCEEDING NON-INDEX MAIN AUTHOR

## 3. DOES KNOWLEDGE AND PREVENTIVE BEHAVIOURS ON COLORECTAL CANCER PROMOTE WILLINGNESS FOR SCREENING PRACTICE? FINDINGS FROM THE RURAL COMMUNITY

9TH USIM NATIONAL HEALTH SEMINAR

2023 PROCEEDING NON-INDEX CO-AUTHOR

## 4. PATIENT-REPORTED OUTCOME MEASURES (PROM) IN CHRONIC KNEE OSTEOARTHRITIS: A COMMUNITY-BASED STUDY AMONG THE POPULATION IN NEGERI SEMBILAN, MALAYSIA

USIM 9TH NATIONAL HEALTH SEMINAR 2023

2023 PROCEEDING NON-INDEX CO-AUTHOR

## 5. HEIGHT, WEIGHT, BODY MASS INDEX AND ANTHROPOMETRIC MEASUREMENTS

CLINICAL SKILLS GUIDELINES FOR MEDICAL STUDENTS

2023 CHAPTER IN BOOK CO-AUTHOR

## 6. EXPLORING THE ASSOCIATED FACTORS OF DEPRESSION, ANXIETY, AND STRESS AMONG HEALTHCARE SHIFT WORKERS DURING THE COVID-19 PANDEMIC

INTERNATIONAL JOURNAL OF ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH

2022 JOURNAL ERA CO-AUTHOR

## 7. THE ASSOCIATION OF EATING BEHAVIOUR ON THE GROWTH OF CHILDREN FROM THE INTERIOR DISTRICTS OF SABAH, MALAYSIA

RISK MANAGEMENT AND HEALTHCARE POLICY

2022 JOURNAL ERA CO-AUTHOR

## 8. PREVALENCE AND FACTORS ASSOCIATED WITH DIGITAL HEALTH LITERACY LEVEL AMONG POPULATION IN PONDOI, NEGERI SEMBILAN

5TH USIM INTERNATIONAL HEALTH CONFERENCE 2022

2022 PROCEEDING NON-INDEX CO-AUTHOR

## 9. PREVALENCE AND FACTORS ASSOCIATED WITH DEPRESSION AMONG THE ELDERLY IN PONDOI, NEGERI SEMBILAN

5TH USIM INTERNATIONAL HEALTH CONFERENCE 2022

2022 PROCEEDING SCOPUS MAIN AUTHOR

## 10. LONELINESS AMONG OLDER ADULTS IN A RURAL VILLAGE IN NEGERI SEMBILAN

5TH USIM INTERNATIONAL HEALTH CONFERENCE 2022, LESSONS FROM PANDEMIC: RESHAPING MEDICINE AND HEALTHCARE

2022 PROCEEDING SCOPUS CO-AUTHOR

## 11. DETERMINING THE PREVALENCE OF FAMILY PLANNING (FP) UTILISATION AND ITS ASSOCIATED FACTORS AMONG ADULTS IN MALAYSIA: AN ONLINE SURVEY.

INTERNATIONAL JOURNAL FOR STUDIES ON CHILDREN, WOMEN, ELDERLY AND DISABLED

2021 JOURNAL MYCITE CO-AUTHOR

## 12. DETERMINING FACTORS ASSOCIATED WITH THE KNOWLEDGE, ATTITUDE AND PRACTICE OF COVID-19 PANDEMIC AMONG MEDICAL STUDENTS IN MALAYSIA

MALAYSIAN JOURNAL OF PUBLIC HEALTH MEDICINE

2021 JOURNAL SCOPUS CO-AUTHOR

### 13. INTERVENTION TO ADDRESS CHILDHOOD UNDERNUTRITION: A SYSTEMATIC REVIEW

BORNEO EPIDEMIOLOGY JOURNAL

2021

JOURNAL

MYCITE

MAIN AUTHOR / CONTACT PERSON IN USIM

# PUBLICATION

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## 14. IMPACT OF COVID-19 PANDEMIC AMONG MEDICAL STUDENTS IN A PUBLIC UNIVERSITY: A STUDY PROTOCOL

ULUM ISLAMIYYAH JOURNAL

2021 JOURNAL ERA CO-AUTHOR

## 15. RISK FACTORS FOR UNDERNUTRITION IN CHILDREN UNDER FIVE YEARS OF AGE IN TENOM, SABAH, MALAYSIA

MALAYSIAN JOURNAL OF PUBLIC HEALTH MEDICINE

2020 JOURNAL SCOPUS MAIN AUTHOR / CONTACT PERSON IN USIM

## 16. A TRAINING MODULE TO EMPOWER MARGINALISED NORTHERN BORNEO ISLANDERS FOR TUBERCULOSIS CONTROL

JOURNAL OF PUBLIC HEALTH RESEARCH

2020 JOURNAL ERA MAIN AUTHOR / CONTACT PERSON IN USIM

## 17. FACTORS INFLUENCING ATTITUDE TOWARD ORGAN AND TISSUE DONATION AMONG PATIENTS IN PRIMARY CLINIC, SABAH, MALAYSIA

TRANSPLANTATION PROCEEDINGS

2020 JOURNAL ISI MAIN AUTHOR

## 18. PREVALENCE AND RISK FACTORS FOR POSTNATAL DEPRESSION IN SABAH, MALAYSIA: A COHORT STUDY

WOMEN AND BIRTH

2015 JOURNAL ERA MAIN AUTHOR

# CONSULTATION

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## 1. Penjagaan Kesihatan Seksual Lelaki dan Perempuan secara Moden dan Komplimentari

JHEAINS

Others

# AWARDS/RECOGNITION

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## 1. ACADEMIC ADVISOR

PANEL PENILAI PEMBENTANGAN SPECIAL STUDY MODULE PELAJAR TAHUN 4 SESI 2022/2023

2023 OTHERS

## 2. ACADEMIC ADVISOR

PENYELARAS KURSUS SESI AKADEMIK 2023/2024

2023 OTHERS

## 3. ACADEMIC ADVISOR

PENILAI LAPORAN SPECIAL STUDY MODULE I (SSM ? PAW4012) PELAJAR TAHUN 4 SESI AKADEMIK 2022/2023

2023 OTHERS

## 4. ACADEMIC ADVISOR

PANEL PENILAI SESI PEMBENTANGAN KURSUS SPECIAL STUDY MODULE II (PAW5012) PELAJAR TAHUN 5 SESI AKADEMIK 2022/2023

2023 OTHERS

## 5. ANUGERAH KHAS YB MENTERI PENGAJIAN TINGGI: REKABENTUK KURIKULUM DAN PENYAMPAIAN INOVATIF (AKRI) 2022

2022 NATIONAL

## 6. ACADEMIC ADVISOR

QUALIFYING TEST/ PROPOSAL DEFENCE PELAJAR DOCTOR OF PHILOSOPHY (MEDICAL SCIENCE)

2022 OTHERS

## 7. ACADEMIC ADVISOR

PENYARING ETIKA PENYELIDIKAN

2022 OTHERS

## 8. ACADEMIC ADVISOR

PANEL PENILAI SESI PEMBENTANGAN SPECIAL STUDY MODULE I (SSM - PAW4012) PELAJAR TAHUN 4 SESI AKADEMIK 2021/2022

2022 OTHERS

## 9. ACADEMIC ADVISOR

PENYELIA @ SUPERVISOR SPECIAL STUDY MODULE II (PAW5012) PELAJAR TAHUN 5 SESI AKADEMIK 2022/2023

2022 OTHERS

## 10. ACADEMIC ADVISOR

MENTOR BAGI PROGRAM ?PERSONAL TUTELAGE? SESI AKADEMIK 2021/2022

2022 OTHERS

## 11. ACADEMIC ADVISOR

MENTOR PROGRAM PERSONAL TUTELAGE PELAJAR TAHUN 1 SESI AKADEMIK 2022/2023

2022 OTHERS

## 12. PREVALENCE AND FACTORS ASSOCIATED WITH DEPRESSION AMONG THE ELDERLY IN PONDOI, NEGERI SEMBILAN

INNOVATION BANK CHALLENGE (IBC 2022)

2022 UNIVERSITI GOLD

## 13. PREVALENCE AND FACTORS ASSOCIATED WITH DIGITAL HEALTH LITERACY LEVEL AMONG POPULATION IN PONDOI, NEGERI SEMBILAN

INNOVATION BANK CHALLENGE (IBC 2022)

2022 UNIVERSITI SILVER

**14. ACADEMIC ADVISOR**

UNISZA, UPSI, IIUM, USIM

2021

NATIONAL

# AWARDS/RECOGNITION

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## 15. ACADEMIC ADVISOR

USIM

2021

UNIVERSITY

## 16. ACADEMIC ADVISOR

USIM

2021

UNIVERSITY

## 17. ACADEMIC ADVISOR

USIM

2021

UNIVERSITY

## 18. ACADEMIC ADVISOR

USIM

2021

NATIONAL

## 19. ACADEMIC ADVISOR

FPSK, USIM

2021

UNIVERSITY

## 20. ACADEMIC ADVISOR

USIM

2021

UNIVERSITY

## 21. PSYCHOLOGICAL IMPACT OF THE COVID -19 PANDEMIC AMONG UNDEGRADUATE STUDENTS A SYSTEMATIC REVIEW

4th USIM INTERNATIONAL HEALTH E-CONFERENCE

2020

ANTARABANGSA

GOLD