



**PROF. MADYA DATIN DR.  
AZA SHERIN BINTI  
MOHAMAD YUSUFF**

PENSYARAH UNIVERSITI DS14

## CONTACT

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**Address:** Fakulti Perubatan  
Dan Sains Kesihatan

## SUPERVISION

PhD - Completed: 0, Ongoing: 0

Master - Completed: 0, Ongoing: 0

## AREAS OF EXPERTISE

Community Nutrition

Primary Health Care (including Family, Geriatric, Maternal And Perinatal (breastfeeding) Health, Child Health, Women's Health, Men's Health, Adolescent Health, Health Of The Disabled)

## BIOGRAPHY

A lecturer from Fakulti Perubatan Dan Sains Kesihatan. Holds a Phd in Public Health.

## ACADEMIC QUALIFICATION

Phd in Public Health (2013)

Master in Sains (pemakanan) (2001)

Bachelor in Sains Makanan Dan Pemakanan (1995)

## RESEARCH

1. GALACTAGOGUES CONSUMPTION AMONG LACTATING WOMEN IN NEGERI SEMBILAN: ASSOCIATED FACTORS AND EFFECTS ON HEALTH OF MOTHER AND BABY

2023

ON GOING

MAIN RESEARCHER

## PUBLICATION

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### 1. GALACTAGOGUES CONSUMPTION, EFFECTIVENESS AND SIDE EFFECTS: A REVIEW

2025 PROCEEDING

### 2. UNVEILING THE LINK BETWEEN HOLISTIC HEALTH BELIEF, COMPLEMENTARY AND ALTERNATIVE MEDICINE ATTITUDES, AND BETTER QUALITY OF LIFE

2024 PROCEEDING

### 3. BENEFITS OF SUNNAH FOOD DURING PREGNANCY AND LACTATION

2023 PROCEEDING

### 4. PREVALENCE AND FACTORS ASSOCIATED WITH DEPRESSION AMONG THE ELDERLY IN PONDOI, NEGERI SEMBILAN

2022 PROCEEDING

### 5. FACTORS INFLUENCING ATTITUDE TOWARD ORGAN AND TISSUE DONATION AMONG PATIENTS IN PRIMARY CLINIC, SABAH, MALAYSIA

2020 JOURNAL

### 6. PREVALENCE AND RISK FACTORS FOR POSTNATAL DEPRESSION IN SABAH, MALAYSIA: A COHORT STUDY

2015 JOURNAL

## CONSULTATION/ADULATION

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### 1. Penjagaan Kesihatan Seksual Lelaki dan Perempuan secara Modern dan Komplementari

Others JHEAINS

## AWARDS/RECOGNITION

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### 1. ACADEMIC ADVISOR

2025 UNIVERSITY

### 2. ACADEMIC ADVISOR

2025 UNIVERSITY

### 3. ACADEMIC ADVISOR

2025 UNIVERSITY

### 4. ACADEMIC ADVISOR

2025 UNIVERSITY

### 5. ACADEMIC ADVISOR

2025 UNIVERSITY