



DR. FARHANA BINTI SABRI

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Address: Fakulti Kepimpinan
Dan Pengurusan

SUPERVISION

PhD - Completed: 1, Ongoing: 1

Master - Completed: 0, Ongoing: 2

AREAS OF EXPERTISE

Substance Addiction (including Tobacco, Alcohol And Illicit Drugs)

Guidance And Counselling In Education

Mental Health

BIOGRAPHY

A lecturer from Fakulti Kepimpinan Dan Pengurusan. Holds a Phd .

ACADEMIC QUALIFICATION

Phd (2016)

Master (2012)

Bachelor (2008)

RESEARCH

1. IDENTIFICATION OF PSYCHOLOGICAL PROFILES OF E-SPORT ADDICTION AND IT'S RELATION TOWARDS VIOLENCE IN MALAYSIA

2019 COMPLETED MAIN RESEARCHER

2. EMERGING CONSENSUS ON DEVELOPING A CLINICAL PUPERVISION AND PROFESIONAL DEVELOPMENT MODULE ON DRUG AND REHABILITATION TREATMENT

2017 COMPLETED MAIN RESEARCHER

PUBLICATION

1. REFLECTIONS ON COLLABORATIVE COTEACHING: A TEACHER'S PERSPECTIVE ON EMPOWERING LEARNING

2025 JOURNAL

2. TRANSFORMING COUNSELING PRACTICES WITH ROBOCOUNSELOR'S ASSISTANCE IN MALAYSIA

2025 JOURNAL

3. EXPLORING THE ADDICTION BEHAVIOR IN INDIVIDUALS WITH PSYCHOPATHIC TRAITS

2024 PROCEEDING

4. CERTIFIED RECOVERY COACH (CRC): THE CONCEPT

2024 PROCEEDING

5. THE CONCEPTS OF CERTIFIED RECOVERY COACH (CRC)

2024 PROCEEDING

6. HOW MODERNISM AND POSTMODERNISM PERSPECTIVES CAN INFORM COUNSELING PRACTICES?

2023 JOURNAL

7. LIFE SATISFACTION OF MUSLIM SUBSTANCE ABUSERS AT KAJANG PRISON, MALAYSIA

2023 PROCEEDING

8. SOCIAL MEDIA ADDICTION AND ACADEMIC PERFORMANCE OF UNIVERSITY STUDENTS

2022 JOURNAL

9. PSYCHOSOCIAL INTERVENTION FOR DUAL-DIAGNOSIS CLIENT: A CASE FROM COUNSELING PRACTICE

2022 JOURNAL

10. POLISI DAN BLUEPRINT MIND-X - PERKHIDMATAN KAUNSELING DAN KESEJAHTERAAN PSIKOLOGI YAYASAN PEMBANGUNAN KELUARGA DARUL TA'ZIM

2022 POLICY

11. DO SOMETHING DIFFERENT: SOLUTION FOCUSED BRIEF THERAPY FOR COUNSELORS

2021 BOOK

12. PANDUAN PENYELIAAN KAUNSELING PENAGIHAN: PANDUAN PRAKTIKAL UNTUK KAUNSELOR PENAGIHAN

2021 BOOK

13. PSYCHOLOGICAL WELL-BEING OF DRUG ADDICTS IN PREDICTING TREATMENT OUTCOMES

2020 JOURNAL

14. PSYCHOLOGICAL WELL-BEING AND TREATMENT OUTCOMES IN ATS USERS: THE ROLE OF POSITIVE FUNCTIONING

2020 PROCEEDING

15. PSIKOLOGI ISLAM MERENTASI MALAYSIA DAN SHARJAH

2020 CHAPTER IN BOOK

16. DEFENSE MECHANISMS AND SELF-CONTROL IN SUBSTANCE ABUSE CLIENTS

2019 JOURNAL

17. CONSENSUS ASPECTS OF COUNSELING SUPERVISION PRACTICES IN DRUG TREATMENT CENTRE

2019 JOURNAL

18. EMERGING CONSENSUS OF COUNSELING SUPERVISION AND PROFESSIONAL DEVELOPMENT FOR ADDICTION COUNSELORS.

2019 PROCEEDING

19. CULTURALLY RESPONSIVE COUNSELOR IN THE FIELD OF ADDICTION

2018 JOURNAL

20. CLINICAL SUPERVISION CATALYST FOR PROFESSIONAL DEVELOPMENT OF ADDICTION COUNSELLORS

2018 JOURNAL

21. CORRELATION BETWEEN DEFENSE MECHANISMS AND READINESS TO CHANGE AMONG RELAPSING ADDICTS

2018 JOURNAL

22. DEFENSE MECHANISM AND READINESS TO CHANGE AMONG RELAPSING ADDICTS

2018 PROCEEDING

23. CHILDREN OF DIVORCE AND MINDFULNESS PRACTICE

2018 CHAPTER IN BOOK

24. POSTMODERN COUNSELING IN TREATING ADDICTIVE DISORDER: FROM OBSTACLES TO OPTIMISM.

2017 JOURNAL

25. IMPLEMENTATION OF SOLUTION-FOCUSED GROUP THERAPY FOR SUBSTANCE ABUSERS IN A RESIDENTIAL CARE SETTING

2017 JOURNAL

26. SOLUTION-FOCUSED INTERVIEWING FOR SUICIDAL FEELING CLIENT: A CASE STUDY IN HIGHER INSTITUTION

2017 JOURNAL

27. BEYOND DRUG USE: INCLUSION OF PSYCHOLOGICAL WELL-BEING AS AN OUTCOME IN EVALUATION OF TREATMENTS FOR SUBSTANCE ABUSE DISORDER

2017 JOURNAL

28. THE EFFECTS OF SOLUTION-FOCUSED GROUP THERAPY IN TREATMENT OUTCOMES AND PSYCHOLOGICAL WELL-BEING OF SUBSTANCE ABUSE CLIENTS.

2017 JOURNAL

29. SOLUTION-FOCUSED BRIEF THERAPY IN ADDICTION COUNSELING. IS IT EVIDENCE-BASED?

2017 PROCEEDING

30. POST-MODERNISM IN TREATING ADDICTIVE DISORDER: FROM OBSTACLES TO OPTIMISM

2017 PROCEEDING

31. KAUNSELING PENYALAHGUNAAN DADAH

2017 CHAPTER IN BOOK

32. KAUNSELING SEKOLAH

2017 CHAPTER IN BOOK

33. BEYOND DRUG USE: INCLUSION OF PSYCHOLOGICAL WELL-BEING AS AN OUTCOME IN EVALUATION OF TREATMENTS FOR SUBSTANCE ABUSE DISORDER

2016 PROCEEDING

CONSULTATION/ADULATION

1. SARINGAN KESIHATAN MENTAL DAN KESEJAHTERAAN PSIKOLOGI PDRM

2023 NATIONAL PDRM

2. CERTIFIED RECOVERY COACH 2.0

2023 NATIONAL MALAYSIAN SUBSTANCE ABUSE COUNCIL (MASAC)

3. CERTIFIED RECOVERY COACH 3.0

2023 NATIONAL MALAYSIAN SUBSTANCE ABUSE COUNCIL (MASAC)

4. SIJIL PROFESIONAL PENGURUSAN DAN TERAPI KETAGIHAN

2023 NATIONAL JABATAN PERKHIDMATAN AWAM

5. LANTIKAN PERUNDING PEMBINAAN MODUL CERTIFIED RECOVERY COACH MALAYSIAN SUBSTANCE ABUSE COUNCIL

2021 NATIONAL MALAYSIAN SUBSTANCE ABUSE COUNCIL

AWARDS/RECOGNITION

1. ANUGERAH STAF CONTOH JULAI 2025

2025 OTHERS

2. ACADEMIC ADVISOR

2024 STATE

3. ACADEMIC ADVISOR

2024 UNIVERSITY

4. ROBOCOUNSELOR

2024 Universiti Gold

5. ROBOCOUNSELOR: AI POWERED COUNSELING

2024 Universiti Bronze