Profile Image

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PENSYARAH PERUBATAN DU15

CONTACT

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FACULTY
Fakulti Perubatan Dan Sains Kesihatan

SUPERVISION

	COMPLETED	ONGOING
PhD	1	1
Master	1	1

AREAS OF EXPERTISE

Family Health | Other Public Health | Other Public Health N.e.c. | Public Health

ACADEMIC QUALIFICATION

- **2016** **PhD** - Kesihatan Masyarakat
- **2010** **Master** - Kesihatan Masyarakat
- **2003** **Bachelor** - Perubatan
- **1998** **Sijil** - Matrikulasi (sains)

RESEARCH

1. OPTIMIZING STUNTING PREVENTION: IDENTIFYING THE RELATIONSHIP BETWEEN BIRTH WEIGHT, EXCLUSIVE BREASTFEEDING AND SOCIAL ENVIRONMENT ON THE NUTRITIONAL STATUS OF TODDLERS IN RURAL AND URBAN AREAS OF SOUTH SULAWESI, INDONESIA

2024 | GERAN ANTARABANGSA | ON GOING | MAIN RESEARCHER

2. AN EVALUATION ON THE EFFECTIVENESS OF FAMILY PLANNING MOBILE APPLICATION (RANCANGLAH) TOWARDS IMPROVING THE UTILISATION OF FAMILY PLANNING AMONG HIGH-RISK PREGNANT WOMEN

2024 | GERAN PENYELIDIKAN AGENSI KERAJAAN | ON GOING | MAIN RESEARCHER

3. MATERNAL HEALTH AND WELLBEING

2024 | GERAN KUMPULAN PENYELIDIKAN (KUP) | ON GOING | MAIN RESEARCHER

4. THE EFFECTIVENESS OF DIGITAL EDUCATIONAL TOOLS TOWARDS INCREASING FAMILY PLANNING UPTAKE AMONG HIGH RISK PREGNANT WOMEN

2021 | GERAN PENYELIDIKAN AGENSI KERAJAAN | COMPLETED | MAIN RESEARCHER

5. THE PREVALANCE, RISK FACTORS AND IMPLICATIONS OF CHILDHOOD OBESITY TOWARDS CHILD'S PSYCHOSOCIAL WELL-BEING AMONG CHILDREN IN SELECTED COMMUNITIES IN NEGERI SEMBILAN

2018 | GERAN PENYELIDIKAN USIM | COMPLETED | MAIN RESEARCHER

PUBLICATION

1. AWARENESS, ACCEPTANCE AND WILLINGNESS TO PAY FOR DENGUE VACCINE AMONG ELDERLY ADULTS IN A SEMI-URBAN TOWN IN MALAYSIA

USIM 10TH NATIONAL HEALTH SEMINAR 2025

2025 PROCEEDING NON-INDEX MAIN AUTHOR

2. CLASSROOMS WITHOUT WALLS- MOBILIZING FUTURE PUBLIC HEALTH ADVOCATES FOR DENGUE-FREE COMMUNITIES

SULAM INNOVATE, SHOWCASE & SYMPOSIUM (SUISS 2025)

2025 PROCEEDING NON-INDEX MAIN AUTHOR

3. THE IMPACT OF MOBILE DEVICE USE ON BEHAVIOURAL PROBLEMS IN YOUNG CHILDREN: A CROSS-SECTIONAL PILOT STUDY IN NEGERI SEMBILAN

3RD EAST COAST PRIMARY CARE SYMPOSIUM CHILD AND ADOLESCENT HEALTH 2025

2025 PROCEEDING NON-INDEX MAIN AUTHOR

4. ARE YOU WILLING TO PAY FOR DENGUE VACCINE? FINDINGS FROM A SMALL TOWN IN NEGERI SEMBILAN

THE 23RD INTERNATIONAL MEDICAL, PHARMACEUTICAL, COSMECEUTICAL AND HEALTH SCIENCE SYMPOSIUM (IMPACHS)

2025 PROCEEDING SCOPUS MAIN AUTHOR

5. THE DEVELOPMENT OF RANCANGLAH, A FAMILY PLANNING MOBILE-BASED APPLICATION FOR PUBLIC USERS: THE CONCEPT AND USAGE POSSIBILITY.

THE 55TH ASIA PACIFIC ACADEMIC CONSORTIUM FOR PUBLIC HEALTH CONFERENCE 2024

2024 PROCEEDING NON-INDEX MAIN AUTHOR

6. KAJIAN KEBERKESANAN APLIKASI KOMUNIKASI DIGITAL (RANCANGLAH) DALAM MENINGKATKAN PENGGUNAAN KAEDAH PERANCANG KELUARGA DI KALANGAN IBU MENGANDUNG BERISIKO TINGGI

SEMINAR PENYELIDIKAN LPPKN

2024 PROCEEDING NON-INDEX MAIN AUTHOR

7. RANCANGLAH, A FAMILY PLANNING DIGITAL EDUCATIONAL TOOL IN ENHANCING FAMILY PLANNING AWARENESS: A USABILITY STUDY.

THE 8TH ASIA-PACIFIC CONFERENCE OF PUBLIC HEALTH

2024 PROCEEDING NON-INDEX MAIN AUTHOR

8. MUSCULOSKELETAL HEALTH AWARENESS AND PREVENTIVE BEHAVIOURS AMONG ONLINE GAMERS. DO THEY PRACTICE IT WELL?

THE 1ST INTERNATIONAL CONFERENCE OF PHAS

2024 PROCEEDING NON-INDEX MAIN AUTHOR

9. UNVEILING THE LINK BETWEEN HOLISTIC HEALTH BELIEF, COMPLEMENTARY AND ALTERNATIVE MEDICINE ATTITUDES, AND BETTER QUALITY OF LIFE

7TH INTERNATIONAL CONFERENCE ON MOLECULAR BIOLOGY & BIOTECHNOLOGY (ICMBB) 2024 IN CONJUNCTION WITH THE 6TH USIM INTERNATIONAL HEALTH CONFERENCE (IHEC) 2024

2024 PROCEEDING NON-INDEX MAIN AUTHOR

PUBLICATION

10. EFECTIVE COPING STRATEGIES ADOPTED BY MALAYSIAN ACADEMICS DURING THE COVID-19 PANDEMIC

23RD THAI MEDICAL EDUCATION CONFERENCE

2024 PROCEEDING NON-INDEX MAIN AUTHOR

11. PREVALENCE OF BURNOUT AND ITS ASSOCIATED FACTORS AMONG ACADEMICIANS IN HIGHER LEARNING INSTITUTIONS DURING THE COVID-19 PANDEMIC: A CROSS-SECTIONAL STUDY

23RD THAI MEDICAL EDUCATION CONFERENCE "PERSONALISING MEDICAL EDUCATION FOR A HEALTHIER WORLD"

2024 PROCEEDING NON-INDEX MAIN AUTHOR

12. BRIDGING THE KNOWLEDGE GAP WITH ESPORTS PLAYERS THROUGH OUTREACH HEALTH EDUCATION AND SCREENING PROGRAMMES.

INTERNATIONAL CONFERENCE FOR PUBLIC HEALTH, ENVIRONMENT, AND EDUCATION FOR SUSTAINABLE DEVELOPMENT GOALS AND LIFELONG LEARNING,

2023 PROCEEDING NON-INDEX MAIN AUTHOR

13. USABILITY OF ?RANCANGLAH? FOR HEALTH EDUCATION IN FAMILY PLANNING: THE PERSPECTIVE FROM HEALTHCARE PERSONNEL

PERSIDANGAN KEPENDUDUKAN KEBANGSAAN 2023

2023 PROCEEDING NON-INDEX MAIN AUTHOR

14. VALIDATION OF ?RANCANGLAH?: A MOBILE-BASED APPLICATION THAT CREATES AWARENESS TOWARDS BETTER UTILISATION OF FAMILY PLANNING (FP)

PERSIDANGAN KEPENDUDUKAN KEBANGSAAN 2022

2022 PROCEEDING NON-INDEX MAIN AUTHOR

15. KNOWLEDGE, ATTITUDE AND PRACTICE OF HEALTH RISKS OF VIDEO GAMING TOWARDS EYES, HEARING AND BODY POSTURE AMONG MALAYSIAN PARENTS WITH CHILDREN UNDER 18 YEARS OLD

NHS-2021

2022 PROCEEDING SCOPUS MAIN AUTHOR

16. PREVALENCE AND FACTORS ASSOCIATED WITH DEPRESSION AMONG THE ELDERLY IN PONDOI, NEGERI SEMBILAN

5TH USIM INTERNATIONAL HEALTH CONFERENCE 2022

2022 PROCEEDING SCOPUS MAIN AUTHOR

17. DEVELOPMENT AND VALIDATION OF AN INSTRUMENT TO IDENTIFY THE SOURCE OF STRESSORS AMONG ACADEMICIANS OF HIGHER LEARNING INSTITUTIONS IN MALAYSIA DURING THE COVID-19 PANDEMIC: A PILOT STUDY

5TH USIM INTERNATIONAL HEALTH CONFERENCE 2022

2022 PROCEEDING SCOPUS MAIN AUTHOR

18. DETERMINING THE PREVALENCE OF FAMILY PLANNING (FP) UTILISATION AND ITS ASSOCIATED FACTORS AMONG ADULTS IN MALAYSIA: AN ONLINE SURVEY.

INTERNATIONAL JOURNAL FOR STUDIES ON CHILDREN, WOMEN, ELDERLY AND DISABLED

2021 JOURNAL MYCITE MAIN AUTHOR

PUBLICATION

19. DETERMINING THE PREVALENCE OF FAMILY PLANNING UTILISATION AND ITS ASSOCIATED FACTORS AMONG ADULTS IN MALAYSIA: AN ONLINE SURVEY

PERSIDANGAN KEPENDUDUKAN KEBANGSAAN 2021

2021 PROCEEDING NON-INDEX MAIN AUTHOR

20. KNOWLEDGE, ATTITUDE AND PRACTICE (KAP) TOWARDS COVID-19 PREVENTION AMONG MALAYSIAN ADULTS DURING THE PERIOD OF MOVEMENT CONTROL ORDER MCO: AN ONLINE CROSS-SECTIONAL SURVEY

INTERNATIONAL JOURNAL OF RESEARCH IN PHARMACEUTICAL SCIENCES

2020 JOURNAL SCOPUS MAIN AUTHOR

21. KNOWLEDGE, ATTITUDE AND PRACTICES TOWARDS LIFESTYLE-RELATED NON-COMMUNICABLE DISEASES (NCDS): A CROSS-SECTIONAL STUDY AMONG INDIGENOUS ORANG ASLI ADULTS IN NEGERI SEMBILAN, MALAYSIA

INTERNATIONAL MEDICAL JOURNAL MALAYSIA

2020 JOURNAL ISI AND SCOPUS MAIN AUTHOR

22. KNOWLEDGE, ATTITUDES AND PRACTICES ON RISK FACTORS OF NON-COMMUNICABLE DISEASES (NCDS): A CROSSSECTIONAL SURVEY AMONG URBAN AND RURAL ADULTS IN NEGERI SEMBILAN, MALAYSIA

INTERNATIONAL JOURNAL OF HEALTH PROMOTION AND EDUCATION

2020 JOURNAL SCOPUS MAIN AUTHOR

23. THE IMPACT OF MOTHER?S ROLES TOWARDS PREVENTING HOME INJURY IN PRESCHOOL CHILDREN IN KUALA LUMPUR, MALAYSIA

ANNALS OF TROPICAL MEDICINE AND PUBLIC HEALTH

2020 JOURNAL SCOPUS MAIN AUTHOR

24. THE RELATIONSHIP BETWEEN PSYCHOSOCIAL WELL-BEING AND EATING BEHAVIOURS AMONG MALAY PRESCHOOL CHILDREN IN AN URBAN LOCALITY IN NEGERI SEMBILAN

THE 4TH USIM INTERNATIONAL HEALTH E-CONFERENCE 2020 IN CONJUNCTION WITH THE 3RD INTERNATIONAL CONFERENCE ON MEDICINE AND HEALTH SCIENCES

2020 PROCEEDING NON-INDEX MAIN AUTHOR

25. THE PSYCHOSOCIAL WELL-BEING AND ITS RISK FACTORS AMONG MALAY PRESCHOOL CHILDREN IN THE SELECTED URBAN COMMUNITY IN MALAYSIA.

ASIA PACIFIC ACADEMIC CONSORTIUM OF PUBLIC HEALTH 2020 CONFERENCE

2020 PROCEEDING NON-INDEX MAIN AUTHOR

26. HYDRATION STATUS OF POSTPARTUM MOTHERS. DOES IT MATTER?

MALAYSIAN JOURNAL OF PUBLIC HEALTH MEDICINE

2018 JOURNAL SCOPUS MAIN AUTHOR

27. THE IMPACT OF MOTHER?S ROLES TOWARDS PREVENTING HOME INJURY IN PRESCHOOL CHILDREN

2ND INTERNATIONAL CONFERENCE OF MEDICINE AND HEALTH SCIENCES JEMBER INDONESIA

2018 PROCEEDING NON-INDEX MAIN AUTHOR

PUBLICATION

28. BREAST CANCER AWARENESS AND PREVENTIVE BEHAVIOURS AMONG FEMALE UNDERGRADUATES IN UNIVERSITI SAINS ISLAM MALAYSIA

INTERNATIONAL SEMINAR ON ISLAM AND SCIENCE 2018

2018 PROCEEDING NON-INDEX MAIN AUTHOR

29. HYDRATION STATUS OF POSTPARTUM MOTHERS. DOES IT MATTER?

9TH NATIONAL PUBLIC HEALTH CONFERENCE 2018

2018 PROCEEDING NON-INDEX MAIN AUTHOR

30. BREAST CANCER AWARENESS AND PREVENTIVE BEHAVIOURS AMONG FEMALE UNDERGRADUATES UN UNIVERSITI SAINS ISLAM MALAYSIA

CONTEMPORARY ISSUES: ISLAM & SCIENCE

2018 CHAPTER IN BOOK MAIN AUTHOR

31. HOME INJURIES IN PRESCHOOLERS. A HOUSEHOLD QUANDARY - WHO IS TO BLAME?

13TH AUSTRALASIAN INJURY PREVENTION AND SAFETY PROMOTION CONFERENCE

2017 PROCEEDING NON-INDEX MAIN AUTHOR

32. KNOWLEDGE AND PERCEPTION TOWARDS HOME INJURY IN CHILDREN AND SAFETY MEASURES AMONG MALAYSIAN URBAN MOTHERS

INTERNATIONAL JOURNAL OF PUBLIC HEALTH AND CLINICAL SCIENCES

2016 JOURNAL SSCI MAIN AUTHOR

33. MOTHERS'' PRACTICES AND ITS ASSOCIATED FACTORS TO PREVENT HOME INJURY AMONG CHILDREN AGED 1-4 YEARS OLD IN KUALA LUMPUR

5TH INTERNATIONAL PUBLIC HEALTH CONFERENCE

2015 PROCEEDING NON-INDEX MAIN AUTHOR

34. CHILD SAFETY AT HOME: KNOWLEDGE AMONG MOTHERS OF PRESCHOOLERS ATTENDING URBAN MATERNAL AND CHILD HEALTH CLINICS

4TH INTERNATIONAL PUBLIC HEALTH CONFERENCE

2014 PROCEEDING NON-INDEX MAIN AUTHOR

35. CHILDHOOD INJURY PRONENESS: PERCEPTION OF URBAN MOTHERS ATTENDING MATERNAL AND CHILD HEALTH CLINICS IN KUALA LUMPUR

3RD INTERNATIONAL PUBLIC HEALTH CONFERENCE & 20TH NATIONAL PUBLIC HEALTH COLLOQUIUM

2013 PROCEEDING NON-INDEX MAIN AUTHOR

36. STRESS AND POTENTIAL STRESSORS AMONG USIM MEDICAL STUDENTS: A CROSS SECTIONAL STUDY

17TH NATIONAL PUBLIC HEALTH COLLOQUIUM

2010 PROCEEDING NON-INDEX MAIN AUTHOR

CONSULTATION

1. UNIVERSITY FOR SOCIETY (U4S) ZON SELATAN

KEMENTERIAN PENGAJIAN TINGGI

2020 NATIONAL

2. MUKHANNATH MENURUT FIQH DAN PERUBATAN SERTA KAITANNYA DENGAN TRANSGENDER

SANOFI-AVENTIS (MALAYSIA) SDN BHD

2019 NATIONAL

AWARDS/RECOGNITION

1. SILVER AWARD - SULAM INNOVATE AND SHOWCASE SYMPOSIUM

2025 NATIONAL

2. GOLD IN MEDINOVA 2025

2025 UNIVERSITY

3. GOLD IN MEDINOVA 2025

2025 UNIVERSITY

4. CLASSROOMS WITHOUT WALLS (CLAWW) - MOBILIZING FUTURE PUBLIC HEALTH ADVOCATES FOR DENGUE-FREE COMMUNITIES: HIGHLIGHTS THE EDUCATION-TO-ACTION TRANSITION AND COMMUNITY ENGAGEMENT, LINKED TO SULAM VALUES

3rd SULAM INNOVATE SHOWCASE AND SYMPOSIUM

2025 KEBANGSAAN SILVER

5. ARE YOU WILLING TO PAY FOR DENGUE VACCINE?FINDINGS FROM A SMALL TOWN IN NEGERI SEMBILAN

23rd Scientific Meeting of the International Medical, Pharmaceutical, Cosmeceutical and Health Scien

2025 ANTARABANGSA GOLD