



**PROF. MADYA DR.
NADEEYA'AYN UMAISARA
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PENSYARAH PERUBATAN DU15

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Address: Fakulti Perubatan
Dan Sains Kesihatan

SUPERVISION

PhD - Completed: 1, Ongoing: 1

Master - Completed: 1, Ongoing: 1

AREAS OF EXPERTISE

Family Health

Other Public Health

Other Public Health N.e.c.

Public Health

BIOGRAPHY

A lecturer from Fakulti Perubatan Dan Sains Kesihatan. Holds a Phd in Kesihatan Masyarakat.

ACADEMIC QUALIFICATION

Phd in Kesihatan Masyarakat (2016)

Master in Kesihatan Masyarakat (2010)

Bachelor in Perubatan (2003)

Sijil in Matrikulasi (sains) (1998)

RESEARCH

1. OPTIMIZING STUNTING PREVENTION: IDENTIFYING THE RELATIONSHIP BETWEEN BIRTH WEIGHT, EXCLUSIVE BREASTFEEDING AND SOCIAL ENVIRONMENT ON THE NUTRITIONAL STATUS OF TODDLERS IN RURAL AND URBAN AREAS OF SOUTH SULAWESI, INDONESIA

2024

ON GOING

MAIN RESEARCHER

2. AN EVALUATION ON THE EFFECTIVENESS OF FAMILY PLANNING MOBILE APPLICATION (RANCANGLAH) TOWARDS IMPROVING THE UTILISATION OF FAMILY PLANNING AMONG HIGH-RISK PREGNANT WOMEN

2024

ON GOING

MAIN RESEARCHER

3. MATERNAL HEALTH AND WELLBEING

2024

ON GOING

MAIN RESEARCHER

4. THE EFFECTIVENESS OF DIGITAL EDUCATIONAL TOOLS
TOWARDS INCREASING FAMILY PLANNING UPTAKE AMONG HIGH
RISK PREGNANT WOMEN

2021 COMPLETED MAIN RESEARCHER

5. THE PREVALANCE, RISK FACTORS AND IMPLICATIONS OF
CHILDHOOD OBESITY TOWARDS CHILD'S PSYCHOSOCIAL WELL-
BEING AMONG CHILDREN IN SELECTED COMMUNITIES IN NEGERI
SEMBILAN

2018 COMPLETED MAIN RESEARCHER

PUBLICATION

1. AWARENESS, ACCEPTANCE AND WILLINGNESS TO PAY FOR DENGUE VACCINE AMONG ELDERLY ADULTS IN A SEMI-URBAN TOWN IN MALAYSIA

2025 PROCEEDING

2. CLASSROOMS WITHOUT WALLS- MOBILIZING FUTURE PUBLIC HEALTH ADVOCATES FOR DENGUE-FREE COMMUNITIES

2025 PROCEEDING

3. THE IMPACT OF MOBILE DEVICE USE ON BEHAVIOURAL PROBLEMS IN YOUNG CHILDREN: A CROSS-SECTIONAL PILOT STUDY IN NEGERI SEMBILAN

2025 PROCEEDING

4. ARE YOU WILLING TO PAY FOR DENGUE VACCINE? FINDINGS FROM A SMALL TOWN IN NEGERI SEMBILAN

2025 PROCEEDING

5. THE DEVELOPMENT OF RANCANGLAH, A FAMILY PLANNING MOBILE-BASED APPLICATION FOR PUBLIC USERS: THE CONCEPT AND USAGE POSSIBILITY.

2024 PROCEEDING

6. KAJIAN KEBERKESANAN APLIKASI KOMUNIKASI DIGITAL (RANCANGLAH) DALAM MENINGKATKAN PENGGUNAAN KAEDAH PERANCANG KELUARGA DI KALANGAN IBU MENGANDUNG BERISIKO TINGGI

2024 PROCEEDING

7. RANCANGLAH, A FAMILY PLANNING DIGITAL EDUCATIONAL TOOL IN ENHANCING FAMILY PLANNING AWARENESS: A USABILITY STUDY.

2024 PROCEEDING

8. MUSCULOSKELETAL HEALTH AWARENESS AND PREVENTIVE BEHAVIOURS AMONG ONLINE GAMERS. DO THEY PRACTICE IT WELL?

2024 PROCEEDING

9. UNVEILING THE LINK BETWEEN HOLISTIC HEALTH BELIEF, COMPLEMENTARY AND ALTERNATIVE MEDICINE ATTITUDES, AND BETTER QUALITY OF LIFE

2024 PROCEEDING

10. EFFECTIVE COPING STRATEGIES ADOPTED BY MALAYSIAN ACADEMICS DURING THE COVID-19 PANDEMIC

2024 PROCEEDING

11. PREVALENCE OF BURNOUT AND ITS ASSOCIATED FACTORS AMONG ACADEMICIANS IN HIGHER LEARNING INSTITUTIONS DURING THE COVID-19 PANDEMIC: A CROSS-SECTIONAL STUDY

2024 PROCEEDING

12. BRIDGING THE KNOWLEDGE GAP WITH ESPORTS PLAYERS THROUGH OUTREACH HEALTH EDUCATION AND SCREENING PROGRAMMES.

2023 PROCEEDING

13. USABILITY OF ?RANCANGLAH? FOR HEALTH EDUCATION IN FAMILY PLANNING: THE PERSPECTIVE FROM HEALTHCARE PERSONNEL

2023 PROCEEDING

14. VALIDATION OF ?RANCANGLAH?: A MOBILE-BASED APPLICATION THAT CREATES AWARENESS TOWARDS BETTER UTILISATION OF FAMILY PLANNING (FP)

2022 PROCEEDING

15. KNOWLEDGE, ATTITUDE AND PRACTICE OF HEALTH RISKS OF VIDEO GAMING TOWARDS EYES, HEARING AND BODY POSTURE AMONG MALAYSIAN PARENTS WITH CHILDREN UNDER 18 YEARS OLD

2022 PROCEEDING

16. PREVALENCE AND FACTORS ASSOCIATED WITH DEPRESSION AMONG THE ELDERLY IN PONDOI, NEGERI SEMBILAN

2022 PROCEEDING

17. DEVELOPMENT AND VALIDATION OF AN INSTRUMENT TO IDENTIFY THE SOURCE OF STRESSORS AMONG ACADEMICIANS OF HIGHER LEARNING INSTITUTIONS IN MALAYSIA DURING THE COVID-19 PANDEMIC: A PILOT STUDY

2022 PROCEEDING

18. DETERMINING THE PREVALENCE OF FAMILY PLANNING (FP) UTILISATION AND ITS ASSOCIATED FACTORS AMONG ADULTS IN MALAYSIA: AN ONLINE SURVEY.

2021 JOURNAL

19. DETERMINING THE PREVALENCE OF FAMILY PLANNING UTILISATION AND ITS ASSOCIATED FACTORS AMONG ADULTS IN MALAYSIA: AN ONLINE SURVEY

2021 PROCEEDING

20. KNOWLEDGE, ATTITUDE AND PRACTICE (KAP) TOWARDS COVID-19 PREVENTION AMONG MALAYSIAN ADULTS DURING THE PERIOD OF MOVEMENT CONTROL ORDER MCO: AN ONLINE CROSS-SECTIONAL SURVEY

2020 JOURNAL

21. KNOWLEDGE, ATTITUDE AND PRACTICES TOWARDS LIFESTYLE-RELATED NON-COMMUNICABLE DISEASES (NCDS): A CROSS-SECTIONAL STUDY AMONG INDIGENOUS ORANG ASLI ADULTS IN NEGERI SEMBILAN, MALAYSIA

2020 JOURNAL

22. KNOWLEDGE, ATTITUDES AND PRACTICES ON RISK FACTORS OF NON-COMMUNICABLE DISEASES (NCDS): A CROSSECTIONAL SURVEY AMONG URBAN AND RURAL ADULTS IN NEGERI SEMBILAN, MALAYSIA

2020 JOURNAL

23. THE IMPACT OF MOTHER?S ROLES TOWARDS PREVENTING HOME INJURY IN PRESCHOOL CHILDREN IN KUALA LUMPUR, MALAYSIA

2020 JOURNAL

24. THE RELATIONSHIP BETWEEN PSYCHOSOCIAL WELL-BEING AND EATING BEHAVIOURS AMONG MALAY PRESCHOOL CHILDREN IN AN URBAN LOCALITY IN NEGERI SEMBILAN

2020 PROCEEDING

25. THE PSYCHOSOCIAL WELL-BEING AND ITS RISK FACTORS AMONG MALAY PRESCHOOL CHILDREN IN THE SELECTED URBAN COMMUNITY IN MALAYSIA.

2020 PROCEEDING

26. HYDRATION STATUS OF POSTPARTUM MOTHERS. DOES IT MATTER?

2018 JOURNAL

27. THE IMPACT OF MOTHER?S ROLES TOWARDS PREVENTING HOME INJURY IN PRESCHOOL CHILDREN

2018 PROCEEDING

28. BREAST CANCER AWARENESS AND PREVENTIVE BEHAVIOURS AMONG FEMALE UNDERGRADUATES IN UNIVERSITI SAINS ISLAM MALAYSIA

2018 PROCEEDING

29. HYDRATION STATUS OF POSTPARTUM MOTHERS. DOES IT MATTER?

2018 PROCEEDING

30. BREAST CANCER AWARENESS AND PREVENTIVE BEHAVIOURS AMONG FEMALE UNDERGRADUATES UN UNIVERSITI SAINS ISLAM MALAYSIA

2018 CHAPTER IN BOOK

31. HOME INJURIES IN PRESCHOOLERS. A HOUSEHOLD QUANDARY - WHO IS TO BLAME?

2017 PROCEEDING

32. KNOWLEDGE AND PERCEPTION TOWARDS HOME INJURY IN CHILDREN AND SAFETY MEASURES AMONG MALAYSIAN URBAN MOTHERS

2016 JOURNAL

33. MOTHERS' PRACTICES AND ITS ASSOCIATED FACTORS TO PREVENT HOME INJURY AMONG CHILDREN AGED 1-4 YEARS OLD IN KUALA LUMPUR

2015 PROCEEDING

34. CHILD SAFETY AT HOME: KNOWLEDGE AMONG MOTHERS OF PRESCHOOLERS ATTENDING URBAN MATERNAL AND CHILD HEALTH CLINICS

2014 PROCEEDING

35. CHILDHOOD INJURY PRONENESS: PERCEPTION OF URBAN MOTHERS ATTENDING MATERNAL AND CHILD HEALTH CLINICS IN KUALA LUMPUR

2013 PROCEEDING

36. STRESS AND POTENTIAL STRESSORS AMONG USIM MEDICAL STUDENTS: A CROSS SECTIONAL STUDY

2010 PROCEEDING

CONSULTATION/ADULATION

1. UNIVERSITY FOR SOCIETY (U4S) ZON SELATAN

2020 NATIONAL KEMENTERIAN PENGAJIAN TINGGI

2. MUKHANNATH MENURUT FIQH DAN PERUBATAN SERTA KAITANNYA DENGAN TRANSGENDER

2019 NATIONAL SANOFI-AVENTIS (MALAYSIA) SDN BHD

AWARDS/RECOGNITION

1. SILVER AWARD - SULAM INNOVATE AND SHOWCASE SYMPOSIUM

2025 NATIONAL

2. GOLD IN MEDINOVA 2025

2025 UNIVERSITY

3. GOLD IN MEDINOVA 2025

2025 UNIVERSITY

4. CLASSROOMS WITHOUT WALLS (CLAWW) - MOBILIZING FUTURE PUBLIC HEALTH ADVOCATES FOR DENGUE-FREE COMMUNITIES: HIGHLIGHTS THE EDUCATION-TO-ACTION TRANSITION AND COMMUNITY ENGAGEMENT, LINKED TO SULAM VALUES

2025 Kebangsaan Silver

5. ARE YOU WILLING TO PAY FOR DENGUE VACCINE? FINDINGS FROM A SMALL TOWN IN NEGERI SEMBILAN

