



## PROF. DR. RAFIDAH HANIM BINTI MOKHTAR

PENSYARAH PERUBATAN GRED  
KHAS C

### CONTACT

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Address: Fakulti Perubatan  
Dan Sains Kesihatan

### SUPERVISION

PhD - Completed: 1, Ongoing: 3

Master - Completed: 2, Ongoing: 2

## AREAS OF EXPERTISE

Human Physiology

Lesbian, Gay, Bisexuals And Transgenders

Sociology Of Education (including Youth Work, Identity, Gender, Social Class, Social Equality And Social Cohesion, Community Education, Changing Contexts And Forms Of Education)

## BIOGRAPHY

A lecturer from Fakulti Perubatan Dan Sains Kesihatan. Holds a Phd in Fisiologi.

## ACADEMIC QUALIFICATION

Phd in Fisiologi (2006)

Bachelor in Perubatan (1997)

## RESEARCH

1. PROGRAM: INTEGRATING BIOPSYCHOSPIRITUAL PRINCIPLES FOR HEALTHY SEXUALITY AND GENDER IDENTITY: BUILDING AN INCLUSIVE MALAYSIAN EDUCATIONAL MODEL FOR SOCIAL HARMONY. PROJECT: BIOPSYCHOSPIRITUAL EDUCATION TO REINFORCE HEALTHY SEXUALITY AND GENDER IDENTITY

2025 ON GOING MAIN RESEARCHER

2. PRELIMINARY STUDY ON THE ISLAMIC PERSPECTIVES OF BIOPSYCHOSOCIAL-SPIRITUAL-RELIGIOUS (BPSSR) MODEL IN HEALTH POLICY MAKING DECISION

2023 ON GOING MAIN RESEARCHER

3. LESBIANISM : IDENTIFYING UNDERLYING CAUSE, ASSESSING PHYSICAL AND MENTAL HEALTH RISK AND RELIGIOUS APPROACHES AS TOOLS FOR DAKWAH AND HEALTH INTERVENTION

2018 ON GOING MAIN RESEARCHER

4. KNOWLEDGE TRANSFER OF BEST PRACTICES AND BETTER UNDERSTANDING OF TRANSGENDER PEOPLE FOR FRONT-LINE HEALTH CARE STAFF IN MINISTRY OF HEALTH

2017 COMPLETED MAIN RESEARCHER

**5. JOB SATISFACTION AND WORK BALANCE, DISCRIMINATORY PRACTICES AND SEXUAL HARRASSMENT AMONG WORKING WOMEN IN MALAYSIA**

2017 COMPLETED MAIN RESEARCHER

**6. TRANSGENDERISM:IDENTILYING CAUSE,RISK BEHAVIOURS AND HIV PREVALENCE AND RELIGIOUS APPROACHES AS TOOLS FOR DAKWAH AMD HEALTH INTERVENTION**

2015 COMPLETED MAIN RESEARCHER

**7. THE STUDY OF KNOWLEDGE AND ATTITUDE TOWARDS FEMALE CIRCUMCISION AMONG FEMALE MUSLIM PATIENTS AT OBST**

2011 COMPLETED MAIN RESEARCHER

**8. THE EFFECTS OF EURYCOMA LONGIFOLIA EXTRACT ON TESTOSTERONE LEVEL, BLOOD PRESSURE AND ATHEROSCLEROSIS**

2011 COMPLETED MAIN RESEARCHER

# PUBLICATION

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## 1. KAJIAN PEMBANGUNAN DAKWAH MALAYSIA

2025 POLICY

## 2. ALL ABOUT GENDER DYSPHORIA. IDENTIFYING A CHAOS IN ADOLESCENT MIND; A SHARING SESSION

2024 PROCEEDING

## 3. GENDER ISSUE FROM THE HEALTH SCIENCES AND RELIGIOUS PERSPECTIVE

2024 PROCEEDING

## 4. ULI AL-IRBAH: ANTARA TAFSIRAN MUFASSIRIN DAN FUQAHA SERTA PERKAITANNYA DENGAN TRANSGENDER

2024 PROCEEDING

## 5. POLISI PENGURUSAN INDIVIDU MUSLIM YANG MENGALAMI KECELARUAN GENDER DAN DISYAKI MEMPUYAI KEKELITUAN JANTINA MENURUT PERSPEKTIF ISLAM DAN PERUBATAN DI MALAYSIA

2024 POLICY

## 6. WE FIND STRENGTH IN EACH OTHER: THE PSYCHOSOCIAL EFFECT OF COVID-19 PANDEMIC ON MALAY TRANS WOMEN IN MALAYSIA

2023 JOURNAL

## 7. THE ECONOMIC IMPACT OF COVID-19 LOCKDOWN ON MALAY TRANS WOMEN IN MALAYSIA: A QUALITATIVE STUDY

2023 JOURNAL

## 8. REVIEW ON TRANSGENDER AND PRIMARY HEALTH CARE: WHAT DOES A PRIMARY CARE DOCTOR NEED TO RECOGNIZE?

2023 PROCEEDING

## 9. RELIGIOUS DISCRIMINATION AMONG WORKING WOMEN IN MALAYSIA DISKRIMINASI AGAMA DALAM KALANGAN WANITA BEKERJA DI MALAYSIA

2022 JOURNAL

## 10. THIRD GENDER RECOGNITION: THE IMPACT OF INTERNATIONAL HUMAN RIGHTS FROM MEDICAL PERSPECTIVES

2022 PROCEEDING

## 11. HOMOFAKTA

2019 BOOK

## 12. THE EFFECTS OF EURYCOMA LONGIFOLIA ON TESTOSTERONE AND BLOOD PRESSURE IN HIGH-FAT-FED ANIMAL MODEL

2017 JOURNAL

## 13. GARISPANDUAN PENGENDALIAN MASALAH KESIHATAN GENDER DI KLINIK KESIHATAN

2017 POLICY

## 14. TRANSGENDER EVOLUTION: IS IT GENE OR GENERATION?

2016 PROCEEDING

## 15. WANITA DAN KEMENJADIAN GENERASI

2016 BOOK

## 16. PELAN PERLAKSANAAN INDEKS SYARIAH MALAYSIA

2016 POLICY

## 17. EFFECTS OF EURYCOMA LONGIFOLIA EXTRACT ON THE ISOLATED RAT HEART

2014 JOURNAL

## 18. THE EFFECT OF INSULIN AND GROWTH HORMONE ON FULL THICKNESS WOUND OF GUINEA PIGS

2012 PROCEEDING

## 19. THE EFFECTS OF NOISE ON CARDIOVASCULAR PARAMETERS USING ISOLATED RAT'S HEARTS

2011 PROCEEDING

## 20. BLOOD PRESSURE VARIABILITY IN PATIENTS WITH DIABETES MELLITUS

2010 JOURNAL

## 21. THE BLOOD PRESSURE VARIABILITY AND ARTERIAL ELASTICITY IN HYPERLIPIDEMIC SUBJECTS

2008 JOURNAL

## 22. BLOOD PRESSURE VARIABILITY, ARTERIAL ELASTICITY AND HUMORAL FACTORS IN SUBJECTS WITH FAMILY HISTORY OF HYPERTENSION

2008 JOURNAL

## 23. BLOOD PRESSURE VARIABILITY AND ARTERIAL ELASTICITY IN HYPERTENSIVE SUBJECTS

2006 JOURNAL

## 24. THE BLOOD PRESSURE VARIABILITY AND ARTERIAL COMPLIANCE IN HYPERURICAEMIC SUBJECTS.

2004 JOURNAL

## 25. REPRODUCIBILITY TEST OF SCHILLER BR- 102 AMBULATORY BLOOD PRESSURE MONITORING DEVICE

2002 JOURNAL

## CONSULTATION/ADULATION

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### 1. PSYCHOLOGICAL FIRST AID GUIDE

2020 NATIONAL PUSAT JARINGAN KOMUNITI DAN INDUSTRI, UNIVERSITI TEKNOLOGI MALAYSIA

### 2. KAJIAN MUKHANNATH MENURUT FIQH DAN PERUBATAN SERTA KAITANNYA DENGAN TRANSGENDER

2019 NATIONAL JABATAN KEMAJUAN ISLAM MALAYSIA (JAKIM)

### 3. RAKAN SEPAKAR BAGI PENILAIAN KESEPAKARAN UNTUK PERMOHONAN KE PROFESOR MADYA GRED 54 - DR NAZEFAH ABDUL HAMID (S444)

2017 UNIVERSITY FPSK USIM

### 4. PAKAR PERUNDING DI DALAM LATIHAN PERSEDIAAN MENGHADAPI SEMAKAN BERKALA (UNIVERSAL PERIODIC REVIEW) DI GENEVA

2017 NATIONAL PUSAT PENYELIDIKAN DAN ADVOKASI HAK ASASI MANUSIA (CENTHRA)

### 5. RAKAN SEPAKAR BAGI PENILAIAN KESEPAKARAN UNTUK PERMOHONAN KE PROFESOR MADYA GRED 54 - DR AZILA NOH (S283)

2017 UNIVERSITY FPSK USIM

## AWARDS/RECOGNITION

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**1. WRITER OF THE MONTH AUGUST 2025**

2025 UNIVERSITY

**2. ACADEMIC ADVISOR**

2025 NATIONAL

**3. ACADEMIC ADVISOR**

2025 NATIONAL

**4. ACADEMIC ADVISOR**

2025 NATIONAL

**5. THE SHARIAH-DERIVED MODEL OF MEDICATION: THE PREP USE FOR HOMOSEXUAL: AS HIV PREVENTION**

2025 Antarabangsa Gold