Profile Image

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CONTACT

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FACULTY
Fakulti Kepimpinan Dan Pengurusan

SUPERVISION

	COMPLETED	ONGOING
PhD	0	3
Master	0	5

AREAS OF EXPERTISE

Counselling And Psychotherapy · Islamic Psychology · Education Counselling · Career Development · Health Psychology · Leisure Studies · Mental Health

ACADEMIC QUALIFICATION

2014 **PhD** - Bimbingan Dan Kaunseling

2009 **Master** - Kaunseling

2006 **Bachelor** - International Affairs Manageme

RESEARCH

1. **KEUTUHAN PSIKOLOGI DALAM PERTAHANAN NEGARA MELALUI KONSEP PERTAHANAN MENYELURUH (HANRUH) KE ARAH KESEJAHTERAAN KENDIRI**
   2023 · GERAN SEPADAN ANTARABANGSA · ON GOING · MAIN RESEARCHER

2. **MODEL BAHARU PENGURUSAN KRISIS RUMAHTANGGA KELUARGA B40 DALAM MEMACU KESEJAHTERAAN HOLISTIK**
   2021 · GERAN KPT · ON GOING · MAIN RESEARCHER

3. **SIGNIFIKASI PENGURUSAN STRES MENDEPANI CABARAN COVID-19: SATU TINJAUAN TERHADAP STRATEGI DAYA TINDAK PELAJAR USIM KE ARAH KESEJAHTERAAN DIRI**
   2021 · GERAN PENYELIDIKAN KHAS · COMPLETED · MAIN RESEARCHER

4. **FAKTOR YANG MEMPENGARUHI KESEJAHTERAAN KENDIRI TERHADAP TEKANAN PSIKOLOGI SEMASA WABAK COVID19**
   2020 · GERAN PENYELIDIKAN COVID-19 · COMPLETED · MAIN RESEARCHER

PUBLICATION

1. PENGENALAN MODUL MALAYSIAN CERTIFIED ADDICTION RECOVERY SPECIALIST (MYCARS)

SEMINAR ANTARABANGSA ISLAM DAN SAINS (SAIS 2025)

2025 PROCEEDING NON-INDEX MAIN AUTHOR

2. SCROLLING INTO DISTRESS: HOW SOCIAL MEDIA SHAPES PSYCHOLOGICAL WELL-BEING

INTERNATIONAL SEMINAR ON ISLAM AND SCIENCE (SAIS 2025)

2025 PROCEEDING OTHER DATABASE MAIN AUTHOR

3. POLISI KESEJAHTERAAN PSIKOLOGI PERKHIDMATAN AWAM: STRATEGI HOLISTIK MENANGANI KONFLIK PERKAHWINAN

2025 POLICY

4. PENEROKAAN KONSEP INDIVIDUALISME DAN KOLEKTIVISME DALAM MENCAPAI KEGEMBIRAAN

INTERNATIONAL JOURNAL OF HUMANITIES TECHNOLOGY AND CIVILIZATION

2024 JOURNAL OTHER DATABASE MAIN AUTHOR

5. PUNCA DAN KESAN BULI DI TEMPAT KERJA TERHADAP KESEJAHTERAAN DIRI: SATU KAJIAN KES

INTERNATIONAL SEMINAR ON PHILOSOPHY, CIVILISATIONS, ETHICS AND ISLAMIC HERITAGE (I-STET 2024)

2024 PROCEEDING OTHER DATABASE MAIN AUTHOR

6. KESEJAHTERAAN DALAM PENDIDIKAN: PENEROKAAN ISU PENDEMOKRASIAN, PENGKOMERSIALAN DAN PENGANTARABANGSAAN INSTITUSI PENGAJIAN TINGGI DI MALAYSIA

SEMINAR ANTARABANGSA ISLAM DAN SAINS (SAIS 2024)

2024 PROCEEDING NON-INDEX MAIN AUTHOR

7. KESEJAHTERAAN DIRI MENDEPANI STEREOTAIP GENDER: BULI SIBER DAN IMPLIKASINYA TERHADAP PERUNDANGAN, HUBUNGAN INTERPERSONAL, KESIHATAN DAN PEKERJAAN

SEMINAR ANTARABANGSA ISLAM SAINS (SAIS 2024)

2024 PROCEEDING NON-INDEX MAIN AUTHOR

8. PENEROKAAN FAKTOR KEBAHAGIAAN BERDASARKAN PERSPEKTIF ISLAM

INTERNATIONAL SEMINAR ON PHILOSOPHY, CIVILISATIONS, ETHICS AND ISLAMIC HERITAGE (I-STET 2024)

2024 PROCEEDING NON-INDEX MAIN AUTHOR

9. HANRUH: PENEROKAAN KONSEP KEUTUHAN PSIKOLOGI DALAM MEMASTIKAN KESEJAHTERAAN KOMUNITI

SEMINAR ANTARABANGSA ISLAM DAN SAINS (SAIS 2024)

2024 PROCEEDING NON-INDEX MAIN AUTHOR

10. PENEROKAAN ISU RALAT ATRIBUSI SOSIAL DAN IMPLIKASINYA TERHADAP KESEJAHTERAAN MENTAL

SEMINAR ANTARABANGSA ISLAM DAN SAINS (SAIS 2024)

2024 PROCEEDING NON-INDEX MAIN AUTHOR

11. PERSONALITI DAN KEBAHAGIAAN: TRET INDIVIDU MEMPENGARUHI KEBAHAGIAAN MEREKA?

SEMINAR ANTARABANGSA ISLAM DAN SAINS (SAIS 2024)

2024 PROCEEDING NON-INDEX MAIN AUTHOR

PUBLICATION

12. TEKANAN PSIKOLOGI: PENEROKAAN MOTIVASI PENCAPAIAN PELAJAR USIM

SEMINAR ANTARABANGSA ISLAM DAN SAINS (SAIS 2024)

2024 PROCEEDING NON-INDEX MAIN AUTHOR

13. THE ROLE AND CULTURE OF AN EXTENDED FAMILY DYNAMIC IN ISLAMIC PERSPECTIVE : A CASE REPORT

ISLAMIC PSYCHOLOGY SUMMIT 2024

2024 PROCEEDING NON-INDEX MAIN AUTHOR

14. PENEROKAAN TERHADAP PENDEKATAN MENANGANI GEJALA BULI DI TEMPAT KERJA

REGIONAL COUNSELING CONVENTION 2024: BRIDGING WELLBEING AND WORK

2024 PROCEEDING NON-INDEX MAIN AUTHOR

15. FAKTOR PENYUMBANG TREND PERKEMBANGAN KECELARUAN GENDER DAN LGBT DI MALAYSIA. ANALISIS GEN X DAN KESAN LEDAKAN TEKNOLOGI

SEMINAR MARITAL AND SEXUALITY

2024 PROCEEDING MYCITE MAIN AUTHOR

16. KESEJAHTERAAN KENDIRI PENGGUNA MEDIA SOSIAL DI ERA DIGITAL

KESEJAHTERAAN DI ERA DIGITAL MELALUI KOMUNIKASI DAN PSIKOLOGI

2024 CHAPTER IN BOOK MAIN AUTHOR

17. PEMBUDAYAAN KAUNSELING DALAM MENINGKATKAN KESEJAHTERAAN MASYARAKAT MALAYSIA

TERAS ILMU DALAM MENEROKA BUDAYA DAN TRADISI MASYARAKAT MALAYSIA

2024 CHAPTER IN BOOK MAIN AUTHOR

18. PENJAGAAN KENDIRI

MEKANISME DAYA TINDAK DALAM TERAPI TINGKAH LAKU

2024 CHAPTER IN BOOK MAIN AUTHOR

19. REGULASI EMOSI

MEKANISME DAYA TINDAK DALAM TERAPI TINGKAH LAKU

2024 CHAPTER IN BOOK MAIN AUTHOR

20. COPING MECHANISM FOR FATHERS? WELL-BEING

INTERNATIONAL JOURNAL OF ACADEMIC RESEARCH IN BUSINESS AND SOCIAL SCIENCES

2023 JOURNAL ERA MAIN AUTHOR

21. PELUANG DAN TANTANGAN MODERASI BERAGAMA DI ERA DIGITA

INTEGRASI : JURNAL ILMIAH KEAGAMAAN DAN KEMASYARAKATAN

2023 JOURNAL OTHER DATABASE MAIN AUTHOR

22. KEBERKESANAN MODUL PENCEGAHAN PENYALAHGUNAAN DADAH DAN BAHAN BERASASKAN KEROHANIAN, KETEGASAN KENDIRI, DAN PENGETAHUAN (MPDKKP) TERHADAP PENYALAHGUNAAN DADAH DAN BAHAN

ASIAN JOURNAL OF RESEARCH IN EDUCATION AND SOCIAL SCIENCES

2023 JOURNAL OTHER DATABASE MAIN AUTHOR

PUBLICATION

23. THE EFFECTIVENESS OF A DRUG ABUSE PREVENTION MODULE BASED ON SELF-ASSERTIVENESS, SPIRITUALITY AND BELIEF IN THEDETRIMENTS OF DRUG ABUSE (MPDASK)

ISLAMIC GUIDANCE AND COUNSELING JOURNAL

2023 | JOURNAL | OTHER DATABASE | MAIN AUTHOR

24. NARATIF ALTERNATIF DIGITAL : MENEROKA PERSPEKTIF DAN PENDEKATAN MENANGANI EKTREMISME DI MALAYSIA

INTERNATIONAL CONFERENCE ON QURAN AS FOUNDATION OF CIVILIZATION (SWAT 2023)

2023 | PROCEEDING | NON-INDEX | MAIN AUTHOR

25. KEBERKESANAN MODUL PENCEGAHAN PENYALAHGUNAAN DADAH DAN BAHAN BERASASKAN KEROHANIAN, KETEGASAN KENDIRI, DAN PENGETAHUAN (MPDKKP) TERHADAP PENYALAHGUNAAN DADAH DAN BAHAN

3 RD INTERNATIONAL VIRTUAL CONFERENCE ON BUSINESS, INNOVATIONS AND SOCIETY (IVBIS2023)

2023 | PROCEEDING | NON-INDEX | MAIN AUTHOR

26. COUNSELLING INTERVENTION FOR TOBACCO AND METHAMPHETAMINE ADDICTION (DUAL USERS)

MALAYSIAN JOURNAL OF SOCIAL SCIENCES AND HUMANITIES (MJ - SSH)

2022 | JOURNAL | INDEX BY MYCITE 2019 | MAIN AUTHOR

27. EXPLORING THE IMPACT OF FATHER'S SMOKING HABIT TO ADOLESCENT?S SUBSTANCE ABUSE

MALAYSIAN JOURNAL OF SOCIAL SCIENCES AND HUMANITIES (MJ - SSH)

2022 | JOURNAL | INDEX BY MYCITE 2019 | MAIN AUTHOR

28. SMOKING HABIT: COUNSELLING INTERVENTION FOR SECONDARY SCHOOL?S STUDENTS

ABQARI : JOURNAL OF ISLAMIC SOCIAL SCIENCES AND HUMANITY

2022 | JOURNAL | MYCITE | MAIN AUTHOR

29. STRATEGI DAYA TINDAK TERHADAP KRISIS RUMAHTANGGA DALAM MEMACU KESEJAHTERAAN HOLISTIK

INTERNATIONAL CONFERENCE ON COMMUNICATION, MANAGEMENT AND HUMANITIES (ICCOMAH III)

2022 | PROCEEDING | NON-INDEX | MAIN AUTHOR

30. COMMUNICATION PATTERN BETWEEN PARENTS AND CHILDREN TIKTOK SOCIAL MEDIA USERS

THE INTERNATIONAL CONFERENCE ON EDUCATION, SOCIAL, SCIENCES AND TECHNOLOGY (ICESST 2022)

2022 | PROCEEDING | NON-INDEX | MAIN AUTHOR

31. TINJAUAN TERHADAP MOTIVASI PENCAPAIAN DALAM KALANGAN PELAJAR UNIVERSITI

INTERNATIONAL CONFERENCE ON COMMUNICATION, MANAGEMENT AND HUMANITIES (ICCOMAH III)

2022 | PROCEEDING | NON-INDEX | MAIN AUTHOR

32. PENGAJARAN DAN PEMBELAJARAN SEMASA NORMA BAHARU: TINJAUAN TERHADAP TAHAP KEBAHAGIAAN PELAJAR

CABARAN SEMASA DALAM PENDIDIKAN, PENGURUSAN DAN SAINS SOSIAL

2022 | CHAPTER IN BOOK | MAIN AUTHOR

33. THE ISLAMIC PERSPECTIVES ON MANAGING MENTAL HEALTH DURING COVID-19 PANDEMIC

COVID-19 AND WELL-BEING: A WAY FORWARD

2022 | CHAPTER IN BOOK | MAIN AUTHOR

PUBLICATION

34. PANDEMIC COVID-19: IMPACT OF ONLINE LEARNING ON THE STUDENTS

COVID-19 AND WELL-BEING: A WAY FORWARD

2022 CHAPTER IN BOOK MAIN AUTHOR

35. THE REPERCUSSION OF COVID-19 PANDEMIC ON LABOUR MARKET AND EMPLOYMENT SECTORS IN MALAYSIA

COVID-19 AND WELL-BEING: A WAY FORWARD

2022 CHAPTER IN BOOK MAIN AUTHOR

36. THE CHALLENGES AMONG FRONTLINERS DURING PANDEMIC COVID-19

COVID-19 AND WELL-BEING: A WAY FORWARD

2022 CHAPTER IN BOOK MAIN AUTHOR

37. KONSEP PEMBELAJARAN OPTIMISME (LEARNED OPTIMISM) DALAM MEMACU KEBAHAGIAAN HIDUP SEMASA NORMA BAHARU

SEMINAR ANTARABANGSA ISLAM DAN SAINS (SAIS 2021) ?WAWASAN KEMAKMURAN BERSAMA 2030?

2021 PROCEEDING NON-INDEX MAIN AUTHOR

38. EXPLORING THE EFFECT OF FATHER'S SMOKING HABIT TOWARDS CHILD?S CIGARETTE AND DRUG ADDICTION THROUGH REALITY THEORY

MARITAL AND SEXUALITY COUNSELING SEMINAR (MASEC) 2021

2021 PROCEEDING NON-INDEX MAIN AUTHOR

39. PERCEPTION TOWARDS CIGARETTE SMOKING AND DRUG ADDICTION: A SURVEY AMONG STUDENTS (EXTENDED ABSTRACT)

INTERNATIONAL CONFERENCE SOCIAL SCIENCES AND HUMANITIES (ICOSAH) V

2021 PROCEEDING NON-INDEX MAIN AUTHOR

40. PUTUS CINTA: APLIKASI TERAPI RASIONAL EMOTIF TINGKAHLAKU MENDEPANI MASALAH KONSEP KENDIRI DALAM KALANGAN REMAJA

MARITAL AND SEXUALITY COUNSELING SEMINAR (MASEC) 2021

2021 PROCEEDING NON-INDEX MAIN AUTHOR

41. SMOKING HABIT: TREATMENT FOR SECONDARY SCHOOL?S STUDENTS IN HULU LANGAT DISTRICT

MARITAL AND SEXUALITY COUNSELING SEMINAR (MASEC) 2021

2021 PROCEEDING NON-INDEX MAIN AUTHOR

42. COUNSELLING INTERVENTION FOR TOBACCO AND METHAMPHETAMINE ADDICTION (DUAL USERS)

MARITAL AND SEXUALITY COUNSELING SEMINAR (MASEC) 2021

2021 PROCEEDING NON-INDEX MAIN AUTHOR

43. PROJEK B.U.K.U: MANUAL KIT KESEJAHTERAAN KENDIRI

INTERNATIONAL SCIENCE AND SOCIAL SCIENCE INNOVATION COMPETITION 2021 (ISIC III)

2021 PROCEEDING NON-INDEX MAIN AUTHOR

44. PENGAPLIKASIAN REBT DALAM MENANGANI KEBERGANTUNGAN TERHADAP RAKAN SEBAYA

MARITAL AND SEXUALITY COUNSELING SEMINAR (MASEC) 2021

2021 PROCEEDING NON-INDEX MAIN AUTHOR

PUBLICATION

45. CASE STUDY ON SEDATIVE ADDICTION AT PENJARA KAJANG, SELANGOR

MARITAL AND SEXUALITY COUNSELING SEMINAR (MASEC) 2021

2021 PROCEEDING NON-INDEX MAIN AUTHOR

46. PENGARUH KETAGIHAN MEDIA SOSIAL DALAM KALANGAN GENERASI Z: IMPLIKASI TERHADAP KESIHATAN MENTAL SEMASA PANDEMIK COVID-19

ISU DALAM PEMBANGUNAN TEKNOLOGI, PENGURUSAN DAN SAINS SOSIAL

2021 CHAPTER IN BOOK MAIN AUTHOR

47. COPING STRATEGIES FOR COMMUTER MARRIAGE COUPLES

HARMONISING MARRIAGE AND FAMILY: CONFLICTS AND CHALLENGES

2021 CHAPTER IN BOOK MAIN AUTHOR

48. THE DEVELOPMENT OF EMOTIONAL INTELLIGENCE AMONG MARRIED WOMAN FOR FAMILY WELL-BEING

HARMONISING MARRIAGE AND FAMILY: CONFLICTS AND CHALLENGES

2021 CHAPTER IN BOOK MAIN AUTHOR

49. PENDEKATAN PSIKOSPIRITUAL DALAM MENGHADAPI TEKANAN PSIKOLOGI SEMASA PANDEMIK

ISLAM DAN PERANANNYA DALAM PEMBANGUNAN DINAMIK MASYARAKAT MENANGANI COVID-19 DI MALAYSIA

2021 CHAPTER IN BOOK MAIN AUTHOR

50. WABAK COVID-19: STRATEGI DAYA TINDAK DALAM MENGHADAPI TEKANAN

COVID-19: KESEJAHTERAAN HIDUP SEMASA NORMA BAHARU: ISU DAN SOLUSI

2021 CHAPTER IN BOOK MAIN AUTHOR

51. IMPLIKASI COVID-19 TERHADAP SEKTOR PEKERJAAN: CABARAN BEKERJA DARI RUMAH

COVID-19: KESEJAHTERAAN HIDUP SEMASA NORMA BAHARU: ISU DAN SOLUSI

2021 CHAPTER IN BOOK MAIN AUTHOR

52. PENGURUSAN EMOSI SEMASA WABAK COVID-19

COVID-19 DARI PERSPEKTIF SAINS SOSIAL: IMPLIKASI DAN SOLUSI

2021 CHAPTER IN BOOK MAIN AUTHOR

53. STUDENTS' EMOTIONAL INTELLIGENCE AND SELF-EFFICACY TOWARDS THEIR ACADEMIC PERFORMANCE: A SURVEY STUDY ON PUBLIC HIGHER LEARNING INSTITUTION

UNIVERSAL JOURNAL OF EDUCATIONAL RESEARCH

2020 JOURNAL ERA MAIN AUTHOR

54. STRATEGI PEMBANGUNAN ASPEK KESEJAHTERAAN KENDIRI BAGI MENDEPANI TEKANAN AKADEMIK SEMASA WABAK COVID-19

MALAYSIAN JOURNAL OF SOCIAL SCIENCES AND HUMANITIES (MJ - SSH)

2020 JOURNAL INDEX BY MYCITE 2019 MAIN AUTHOR

55. PENGAMALAN NILAI AGAMA DALAM MENGATASI KEMURUNGAN SEMASA PANDEMIK COVID-19

MALAYSIAN JOURNAL OF SOCIAL SCIENCES AND HUMANITIES (MJ - SSH)

2020 JOURNAL INDEX BY MYCITE 2019 MAIN AUTHOR

PUBLICATION

56. SEKS SEBELUM NIKAH: KONSEP JANJI TEMU DAN CINTA MENGIKUT PERSPEKTIF ISLAM

MALAYSIAN JOURNAL OF SOCIAL SCIENCES AND HUMANITIES (MJ - SSH)

2020 JOURNAL INDEX BY MYCITE 2019 MAIN AUTHOR

57. PENGANGGURAN DALAM KALANGAN TENAGA KERJA SEMASA WABAK COVID-19

MALAYSIAN JOURNAL OF SOCIAL SCIENCES AND HUMANITIES (MJ - SSH)

2020 JOURNAL INDEX BY MYCITE 2019 MAIN AUTHOR

58. TEKANAN NORMA BAHARU WABAK COVID-19: PENDEKATAN HOLISTIK DALAM MEMACU KEBAHAGIAAN LESTARI

JURNAL PERKAMA

2020 JOURNAL OTHER DATABASE MAIN AUTHOR

59. KEBAHAGIAAN SEBAGAI FUNDAMENTAL TEORI DAN HUBUNGKAITNYA DENGAN KESIHATAN MENTAL DALAM PEKERJAAN: KEPERLUAN KEPADA INTEGRASI TAUHIDIK

SEMINAR ANTARABANGSA KAUNSELING ISLAM 2020

2020 PROCEEDING NON-INDEX MAIN AUTHOR

60. MENDEPANI CABARAN KESIHATAN MENTAL DALAM NORMA BAHARU

KUALA LUMPUR INTERNATIONAL CONFERENCE ON MULTI-DISCIPLINARY RESEARCH 2020 (KLIC2020)

2020 PROCEEDING NON-INDEX MAIN AUTHOR

61. EXPLORING THE SUSTAINABILITY OF HAPPINESS AMONG LECTURERS BASED ON TAUHIDIK INTEGRATION

7TH INTERNATIONAL PROPHETIC CONFERENCE (SWAN2020)

2020 PROCEEDING NON-INDEX MAIN AUTHOR

62. INTEGRASI ILMU NAQLI DAN AQLI DALAM PENDIDIKAN KAUNSELING

SEMINAR ANTARABANGSA KAUNSELING ISLAM 2020 (SAKI)

2020 PROCEEDING NON-INDEX MAIN AUTHOR

63. CABARAN NORMA BAHARU HIJRAH BERSEPADU KE ARAH KESEJAHTERAAN KENDIRI

CABARAN COVID-19 MENURUT PERSPEKTIF AKIDAH DAN HADIS

2020 CHAPTER IN BOOK MAIN AUTHOR

64. TIP BAHAGIA MENJALANI PERINTAH KAWALAN PERGERAKAN (PKP) SEMASA WABAK COVID-19

PENDEKATAN BIMBINGAN DAN KAUNSELING DALAM MENANGANI IMPAK COVID-19

2020 CHAPTER IN BOOK MAIN AUTHOR

65. PENGENALAN KEPADA KESAHAN (INTRODUCTION TO VALIDITY)

TEKNIK KESAHAN DAN KEBOLEHPERCAYAAN ALAT UJIAN PSIKOLOGI

2018 CHAPTER IN BOOK MAIN AUTHOR

66. PENGARUH BUDAYA INDIVIDUALISME DAN KOLEKTIVISME DALAM MENCAPAI KEGEMBIRAAN

PEMERKASAAN KOMUNITI DI MALAYSIA

2018 CHAPTER IN BOOK MAIN AUTHOR

PUBLICATION

67. PERSONALITY AND HAPPINESS AMONG ACADEMICIANS IN MALAYSIA

WORLD CONFERENCE ON PSYCHOLOGY AND SOCIOLOGY (PSYSOC), 2012

2012 PROCEEDING NON-INDEX MAIN AUTHOR

CONSULTATION

1. PROJEK PERUNDINGAN PROGRAM PENSIJILAN KEJURULATIHAN KESEJAHTERAAN BERSAMA AHLI AKRAB SUK KELANTAN

PEJABAT SETIAUSAHA KERAJAAN NEGERI KELANTAN

2021 NATIONAL

2. PROJEK PERUNDINGAN BENGKEL PEMANTAPAN AKRAB KWSP:SIJIL EKSEKUTIF KAUNSELING KELUARGA

KWSP

2021 NATIONAL

3. Kursus Certified Addiction Recovery Specialist-CARS

Malaysian Substance Abuse Council (MASAC)

National

4. Kursus Kemahiran Keberadaan dan Kesejahteraan AADK

AADK

National

AWARDS/RECOGNITION

1. SILVER MEDAL IN TED TALK COMPETITION 2024: (KIT INTERAKTIF KAUNSELING (KIK)

2024 UNIVERSITY

2. ANUGERAH EMAS PERSIDANGAN ANTARABANGSA KESEJAHTERAAN MENTAL DAN PEMERKASAAN WANITA ANJURAN INSTITUT SOSIAL MALAYSIA (ISM) TAJUK- PEMBANGUNAN MANUAL KEBAHAGIAAN RUMAH TANGGA (MEKAR).

2024 INTERNATIONAL

3. BRONZE MEDAL IN TED TALK COMPETITION 2024: PENGAJARAN DAN PEMBELAJARAN KONTEMPORARI

2024 UNIVERSITY

4. GOLD AWARD (PROFESSIONAL INVENTOR) INNOVEX 2024: MANUAL MEKAR (MENCIPTA KEBAHAGIAAN RUMAH TANGGA)

2024 NATIONAL

5. ANUGERAH EMAS PERSIDANGAN ANTARABANGSA KESEJAHTERAAN MENTAL DAN PEMERKASAAN WANITA ANJURAN INSTITUT SOSIAL MALAYSIA (ISM)TAJUK- PEMBINAAN MODEL KESEJAHTERAAN KENDIRI (MODEL KASEH) BAGI MEMACU PEMERKASAAN WANITA.

2024 INTERNATIONAL